

Cycle Influence

Cycle #1 to 5

Cycle #6 to 7

Cycle #8 to 10

Cycle #11 -

- Turn yellow (change) from 4th day
- Turn yellow 8 to 11 days before most early second day of temperature rise in history depending on Quality factor (see table below)
- Turn yellow 8 to 10 days before most early second day of temperature rise in history depending on Quality factor (see table below)
- Turn yellow 8 to 9 days before most early second day of temperature rise in history depending on Quality factor (see table below)

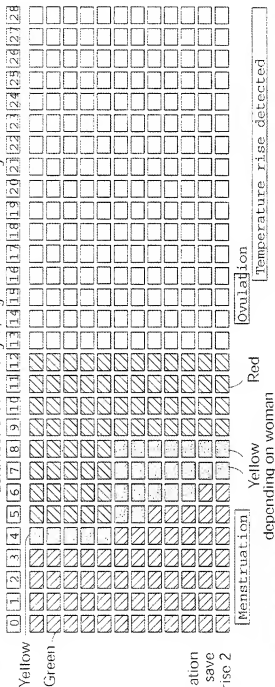
Red LED-FERTILE - will show one day after yellow LED

FIG. 2

ExtraRiskyDays (Qx = Quality number of woman)

Cycle #	Q7	Q6	Q5	Q4	Q3	Q2	Q1	Q0	Min	Max
1-5	-	-	-	-	N/A	-	-	-	-	-
6	0	1	1	2	2	3	3	3	0	3
7	0	0	1	1	2	2	3	3	0	3
8	0	0	0	1	1	2	2	3	0	2
9	0	0	0	0	1	1	2	2	0	2
10	0	0	0	0	0	1	1	2	0	2
11	0	0	0	0	0	0	1	1	0	1
12-	0	0	0	0	0	0	0	1	0	1

Leftmost block is day 0, rightmost block is day 28



We have ovulation at day 14 and save Temperature rise 2 as day 16.